

A Sustainable Mind - Interview Flow

All questions are tailored to you, the featured guest, but this framework will show how we begin and end every interview.

Humble Beginnings

- How did nature, the environment and sustainability play a role in your childhood?
- How did that upbringing impact your experiences as a young adult and your early career path?
- How did you first get started in your current field? What activities and resources did you have access to?
- What is your current job/project/company and what was the inspiration behind it?

****The rest of the discussion about your project/company/organization will progress organically****

“7 Sustainable Questions” (take 1-2 minutes for each)

- Can you share one of your long-standing habits that you believe has significantly improved your life?
- What new habit are you cultivating in your life right now?
- [An impromptu question based on previous conversation]
- Many people look up to you and the work that you've done for your community and the environment. Whose environmental work do you admire?
- Do you have an internet resource that you find helpful on a regular basis that you think would be beneficial to share with our listeners? (Can be eco-related or not, but it should be helpful to most people)
- What book would you recommend to Sustainable Minds out there that are hoping to shift their mindset to become the change they want to see in the world?
- [An impromptu advice question related to your field or current project]

Parting Words

- I will plug your company, project, or campaign, and mention where they can find you online (website and social media).
- Any words or a parting pieces of guidance you can give Sustainable Minds out there?

****Recording**** By participating in the ASustainableMind.com interview, you agree to allow Marjorie Alexander and Alex Romaji, LLC to record, distribute, and disseminate the podcast in any manner. You also agree to allow Marjorie Alexander and Alex Romaji, LLC to retain rights to the produced media for potential future use in speeches, books, and in all other public distribution.